

What is Healthy Homes?

The Healthy Homes Resident Services program was designed as a way to deliver highly effective wrap-around services at the front doors of low-income residents.



Youth Development

Youth programs focus on movement, nutrition and preparing children for a lifetime of success through academic support and fun rewards programs.



Health & Wellness

Onsite education, community health workers and partner programs offer residents the opportunity to access health resources in the community.



Food & Nutrition

Supplementary nutrition for vulnerable families, ends hunger in affordable housing communities across Oregon.



Financial Stability

Community referrals, professional development and tailored support helps families achieve greater stability and success.



Community Development

Enrichment events, community gardens and volunteer opportunities strengthen community cohesion and increase safety and stability.

Healthy Homes Communities Timeline

We're proud to provide the Healthy Homes Program to over **1300** low-income households in Oregon



Tailored programs and services for affordable housing communities in Oregon



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541.683.1751 Let's get social!

Cornerstone Community Housing Pillars of Success

Youth Development

- **Active Kids**, offers education, movement and arts programs.
- **Active Teens**, teens make positive connections through recreational activities.
- **Rising Star**, motivates youth to excel in school and life through reward incentives.
- **Homework Club**, kids complete homework while having a healthy snack in a safe setting.



Food & Nutrition

Food programs are offered in collaboration with FOOD for Lane County

- **Extra Helping**, on-site delivery of fresh produce, bread, and dairy.
- **Summer Lunch/Cereal**, feeds youth during the summer months as a substitute for school meals.
- **Bread Basket**, fresh bread offered onsite.
- **Senior Grocer**, delivery of groceries directly to a senior's front door.

A Proven Track Record of Helping Residents Thrive!

Health & Wellness

- **Get Motivated**, links adult residents to health and wellness services.
- **Taste of Wellness**, on-site visits from local health organizations such as YMCA and PeaceHealth.
- **Wellness Coaching**, one-on-one wellness support and coaching helps residents achieve health goals and manage chronic illness.

Financial Stability

- **Resident Referrals**, one-on-one help connects residents to local resources.
- **Savings Programs**, teaching the basics of budgeting and saving.
- **Financial Wellness**, connection to financial institutions to promote financial growth.


Community Connections

- **Volunteerism**, opportunities for community members to support resident programs.
- **Symphony Connects**, a collaboration with the Eugene Symphony to bring music on-site.
- **Community Gardens**, on-site gardens are planned, planted and maintained by residents.




The Healthy Homes Team

Trained and compassionate professionals ready to help residents thrive!

Resident Services Coordinators
 Coordinators facilitate on-site programs and services and provide local community referrals.

Family Resource Navigators
 Work with families to help reduce stress and support parents on their journey to raising healthy kids.



Community Health Workers
 Assist with setting and achieving health and wellness goals.

Peer Support Specialists
 Peers provide lived experience and build trust to encourage residents to focus on self-care.

